

**There are laws
in place to
protect children...**

**CHILDREN'S
ACT SCOTLAND '95**

*The needs of the child
are paramount.*

**UN CONVENTION
ON THE RIGHTS
OF THE CHILD**

*Each child has a right to
be treated as an individual.*

*Each child has the right to
protection from all forms
of abuse, neglect and
exploitation.*

**Your
safety and
well-being
will always
come first.**

The Scottish Executive, with
the help of children, has
published **PROTECTING
CHILDREN & YOUNG PEOPLE**
including **THE CHARTER**



www.scotland.gov.uk/childrenscharter

THIS IS WHAT IT SAYS...

Our pledge to the children and young
people of Scotland who are at risk of
abuse or neglect is that you will:

- Get the help you need when you need it;
- Be seen by a professional such as a teacher, doctor or social worker to make sure you are alright and not put at more risk;
- Be listened to seriously, and professionals will use their power to help you.
- Be able to discuss issues in private when, and if, you want to;
- Be involved with, and helped to understand, decisions made about your life; and
- Have a named person to help you.

This leaflet has been published by:
The Highland Council
Education, Culture & Sport Service

**A guide for
Children & Young People**

Who Can I Tell?

**Confidentiality
& School Staff**
What it means to you



Sometimes you may want to talk things over with an adult who is not a member of your family.

School staff can help.

School staff have a lot of experience helping young people with their problems. They can help and advise about many of the things young people worry about:

- **School Life**
- **Teachers**
- **Transport**
- **Work**
- **Bullying**
- **Home Life**
- **Friendships**
- **Health Matters**
- **Sexual Matters**
- **Feeling Depressed**

If you have a problem and feel you can't talk to a member of staff then you can:

Phone: 01463 703488 or
Email: cpadmin@highland.gsx.uk

Usually, school staff will not need to tell anyone else what you have told them.

HOWEVER...

If there are worries that you are being harmed, or are at risk of being harmed, school staff will have to tell someone else to keep you safe.

FOR EXAMPLE:

If you are being frightened or physically hurt by another pupil or adult.

If you feel you are not being cared for at home.

If you tell your teacher that someone is touching you or asking you to touch them in a sexual way.

If you are involved in illegal activities.

When school staff do need to pass on any information they will let you know who they will tell and what they will tell them.

You will be kept informed about what is happening.



Your safety and well-being will always come first.

To request the information in this leaflet in an alternative format, e.g. large print, Braille, computer disc, audio tape, or suitable language, please telephone:

Helen Stewart on 01463 702871